

Soil Biology – Experimenting with compost teas

Ben Mead who farms at Pengreep Farm in Ponsanooth, Cornwall, host to Dr Liz Stockdale's' Making Soil Smile event explained some of the practises he has adopted to improve soil biology.

He is currently experimenting with compost teas that include a mix of wood chip, worm casts, rock dust, lignite and whey, a by product from his cheese making enterprise.

He has built his own compost processing facilities and aims to source all the ingredients either on farm or from cheap local supplies. *"These approaches are not expensive in terms of money and suit our low input system, but"* he concluded *"are costly in terms of the time that they take to refine and develop."*

